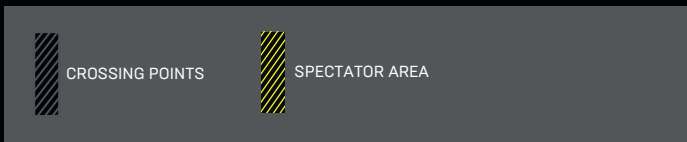
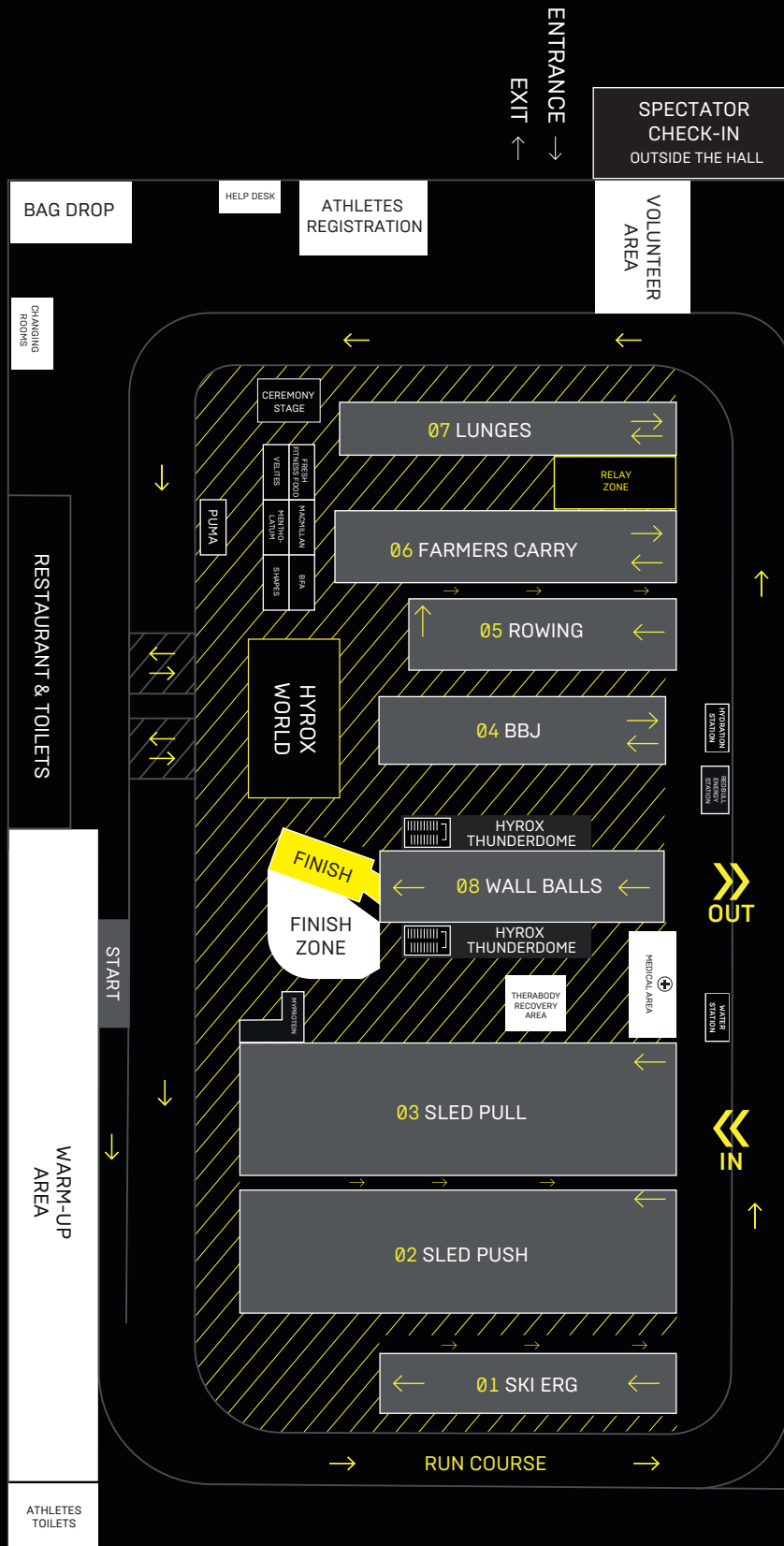


# HYROX BIRMINGHAM

25<sup>TH</sup> - 27<sup>TH</sup> OCTOBER 2024  
NATIONAL EXHIBITION CENTRE, HALL 5



**Run 1 = 2.3 Laps**  
(Go IN on the THIRD Time, you see the IN)

**Runs 2 to 8 = 1.8 Laps**  
(Go IN on the SECOND Time, you see the IN)